

# Vicki Thomas

**Goal: 2011 World Cyclo-Cross Championships,  
St. Wendel, Germany**

## About Me

I am an Ottawa-based cyclist with a goal of representing Canada at the 2011 World Cyclo-Cross Championships.

Last season I represented Canada at the World Cyclo-Cross Championships in Tabor, Czech Republic. This was a fulfillment of a six-year training and racing goal.

With six years of focused determination, training, racing, travel, and sacrifice, I was able at the age of 37, to compete with the world's best.

The 2010 season ended on a high note for me with my last race being at the World Cyclo-Cross Championships. I also finished the season ranked in the top 50 on the UCI ranking.

This season, my goal is to once again represent Canada at the World Cyclo-Cross Championships. I not only want to race this event but I want to improve on my result and become a faster, stronger, and fitter athlete.

To do this, I need to raise my training up a level. I'm competing with women younger than me and who have been racing their bikes for years. So I've made a big change - I'm working part-time and training full-time.

To achieve this goal of representing Canada, I need your help. This can come in many forms: equipment, travel assistance, hotel vouchers, money, product, etc.

I'm excited for the 2010-2011 bike racing season. There really are no limits.

## What is cyclo-cross?

Cyclo-cross is one of the most difficult forms of bicycle racing. It is a winter sport, with the season starting in late September and ending in mid-February. Woodland trails, open meadows, mud, and short, steep hills are the main features of a cyclo-cross course. Normally the circuit is 2.5-3 km in length, and the race duration is around 40 minutes.

Cyclo-cross is also the most popular discipline of bicycle racing in North America. The United States championships are held over four days to accommodate racers and fans. In Europe, spectators arrive upwards of four hours early and will pay 20 dollars to watch the race.

## The Road to the 2011 World Cyclo-Cross Championships 2010-2011 Race Schedule

- Sept. 18, 19 New England Verge Series, Williston, Vermont
- Sept. 22 Cross Vegas, Las Vegas, Nevada
- Oct. 17 World Cup, Aigle, Switzerland
- Oct. 24 World Cup, Plzen, Czech Republic
- Oct. 31 Superprestige Zonhoven, Zonhoven, Belgium
- Nov. 1 GVA Trofee Koppenbergcross, Oudenarde, Belgium
- Nov. 6 Canadian Cyclo-Cross Championships, Toronto, Ontario
- Nov. 11 Fidea Jaarmarktcross, Niel, Belgium
- Nov. 20 GVA Trofee - GP Hasselt, Hasselt, Belgium
- Nov. 21 Superprestige Gavere, Gavere, Belgium
- Nov. 27 World Cup, Koksijde, Belgium
- Dec. 19 World Cup, Kalmthout, Belgium
- Dec. 21 Internationale Centrumcross, Surhuisterveen, the Netherlands
- Dec. 26 World Cup, Heusden-Zolder, Belgium
- Jan. 16 World Cup, Pont-Chateau, France
- Jan. 23 World Cup, Hoogerheide, Belgium
- Jan. 30 World Cyclo-Cross Championships, St. Wendel, Germany



Racing at the World Cyclo-Cross Championships

Striving For More  
Pushing My Limits

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Racing at the World Cyclo-Cross Championships, Tabor, Czech Republic (Jan. 31, 2010)

## Why Support Me?

Because I am you. I have a dream - just like you. I am just as committed to reaching my goals as you are.

I want to be the very best I can. I want to see how far I can go.

The way I see it the sky is the limit and there is no time like the present to live my dream.

Like you I have found my passion.

Like you - I want to succeed.

## How we can work together

The options are limitless. Our relationship is flexible - we both have needs.

I am available for speaking engagements. If you are having a company event, I can come out and talk to your employees and customers. I can tell them my story - where I've been, where I'm going, and get them motivated.

Perhaps you have a charity that you support - I can do some fund raising for you as well.

Your logo will be displayed on my racing and training clothes. Providing exposure when I'm racing and training. Your logo will be displayed on my web site and in my monthly newsletters to supporters, friends, and media.

When asked, I'll tell people who my supporters are. I won't be shy. I'll let them know that you believe in me.

Lets sit down and work out the details. We can talk and see how we best fit together.

### 2009-2010 Top Results

- 7th Canadian National Cyclo-Cross Championships
- 7th Jim Horne Cyclo-Cross Classic
- 8th Catamount Cyclo-Cross
- 28th World Cup, Treviso, Italy
- 41st World Cyclo-Cross Championships 9th Elite Women, Toronto International Pro-Am cyclo-cross

### What's Next?

**We need to meet face-to-face.**

**You need to learn more about me. I need to learn more about you.**

**Ottawa Cross**  
<http://ottawa.cx>

[vickith@yahoo.com](mailto:vickith@yahoo.com)  
613 823 4893